

Remote Control User Guide

ZeroG® 3.0

STOP/PARK – Stops the massage and parks the massage rollers at the top of the backrest.

STOP – Immediately stops the massage.

PROGRAMS – Choose from three 15-minute auto-programs to target your upper, lower, or entire back.

RANGE – Choose from seven settings to personalize your vertical massage range.

INTENSITY 3D – Set the upper and lower back 3D massage intensity independently to soft, medium, or intense.

GO TO ZERO (ONE-STEP PRESS AND HOLD) – Fully reclines the backrest and raises the footrest, placing your body in a neutral-posture position.

POWER RECLINE – Press and hold to recline/incline backrest.

POWER FOOTREST DEPLOY – Controls the footrest angle for a comfortable massage.

POSITION – Adjusts the up and down position to set the massage head to the desired position on the backrest.

SPEED – When enjoying a stretch, flex, or tone massage, select slow or fast massage speeds.

TARGETED MUSCLE BENEFITS – Four massage modes including Stretch, Flex, Tone, and Ease let you customize your massage.

WIDTH – Focus or diffuse massage pressure by selecting the wide, medium, or narrow setting. This feature works with Flex and Ease massage modes. Select the width setting after selecting a massage mode.

CALF/FOOT – Select calf and foot massage mode independently. Press to toggle through two fixed speeds and an auto massage program.

For more detailed operation instructions, please see the Use and Care Manual.