

Remote Control User Guide

Novo Flex

QUICK ADJUST KEY SETTINGS – Use navigation ring to adjust:
Massage speed
Cloud Touch intensity
Underfoot roller speed
Massage width
3D Back massage intensity

TIME REMAINING – Shows the total amount of time remaining in the current massage session.

MASSAGE AREA – Illustrates the areas currently being massaged.

MENU – Displays the main menu.

PROGRAMS – Displays the Auto Programs menu. When an auto program is active, press to toggle among the core auto programs. The active program displays at the top of the status screen.

CLOUD – When the status screen is displayed, press to adjust the Cloud Touch intensity. The selected intensity displays in the upper left-hand corner of the screen.

BACK – Press and hold to recline or incline the backrest.

ZeroG® – Press to automatically position the chair in zero gravity, raising your feet above your heart for maximum spine relief. When in ZeroG, the **G** icon on the display screen lights blue.

LEGS EXTEND – Press and hold to extend the footrest.

PROGRAM NAME – Indicates the active massage program.

BLUETOOTH – Lights blue when Bluetooth is set to On.

MASSAGE MODE – Indicates the active robotic massage technique.

RANGE – Indicates the vertical massage range:


- - Full
- - Zone
- - Spot

POWER / PAUSE / RESTORE –

- Powers On the remote.
- Pauses all massage function.
 - Select RESUME to continue the massage.
 - Select POWER OFF to restore, returning the chair to the upright position.

NAVIGATION RING – Use to navigate the screens; press the center circle button to select an option.

POSITION – Use to move the massage rollers to the desired position when enjoying a Zone or Spot massage.

HEAT – Press to toggle the heat On and Off. When the heat is On, the heat icon  on the screen lights red.

LEGS – Press and hold to raise or lower the footrest.

LEGS RETRACT – Press and hold to retract the footrest.



For more detailed operation instructions, please see the Use and Care Manual.

FAST-ACCESS CONTROLS

PERFORM KEY FUNCTIONS EFFORTLESSLY

Press the **volume** button, then rotate the outer silver knob to adjust the speaker volume

Press to toggle **heat** ON and OFF

Press to **pause / resume** all massage functions



QUICK PRESS – powers ON the chair/remote

QUICK DOUBLE PRESS – starts default auto program

LONG PRESS THEN RELEASE – restores the chair

ROTATE CLOCKWISE SLIGHTLY – stepped incline

ROTATE COUNTER-CLOCKWISE SLIGHTLY – stepped recline

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Shoulder Height Guide



Overall Height	Shoulder Setting
5'11" > taller	8 - 9
5'8" - 5'10"	6 - 7
5'3" - 5'7"	3 - 5
5'0" - 5'2"	1 - 2

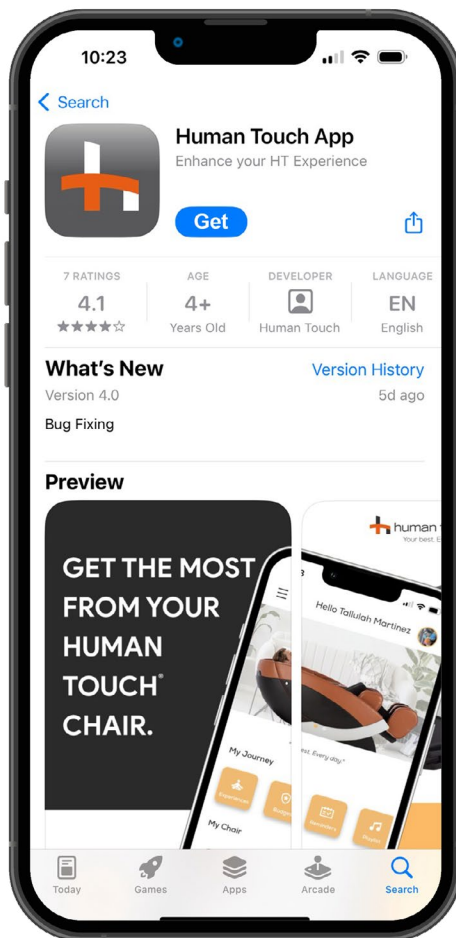
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App Control

Downloadable Human Touch App allows you to control the chair.

Plus, indulge in immersive meditation audio and access a range of other features, all from your Android or iOS device.



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