human touch®
Your best. Every day.™



OVER 45 YEARS OF WELLNESS SINCE 1979

5-YEAR LIMITED WARRANTY

5-Years Structural
3-Years Parts
1-Year In-Home Service

SPECIFICATIONS

Reclined Dimensions:	79" L x 34" W x 33" H
Upright Dimensions:	63" L x 34" W x 52" H
Seat Dimensions:	22" W x 17" D x 23" H
Required Recline Clearance:	7"
Product Weight:	291 lb
Maximum Load Weight:	285 lb

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Human Touch®, LLC
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SuperNovo 3.0_1126

humantouch.com

human touch®
SUPER NOVO 3.0

INTELLIGENCE
IN MOTION

Take wellness to new heights with the **Human Touch® Super Novo 3.0**, where intelligent design meets everyday rejuvenation. Powered by DuoSync massage technology, it delivers synchronized massage coverage through two quad-roller systems for targeted recovery and relaxation, while the advanced HT Flex track supports natural alignment, a superior lay-flat position, and deep stretching with spinal decompression for complete comfort.

Using the responsive touchscreen tablet, explore an array of auto-wellness programs including Meditation and Yoga Studio, enhanced by premium Sound by JBL for immersive calm. Or simply tell Willow, your massage concierge, your preferences and enjoy a custom AI massage program designed to help you unwind, recharge, and feel renewed.

Super Novo 3.0 transforms intelligent design and personalized wellness into effortless recovery—**a smarter way to live well**.

EVERYONE
WANTS A TURN.

Available Sōfhyde upholstery colors:



Cream | Gray | Espresso

SŌFHYDE UPHOLSTERY
A leather-like upholstery containing no animal hide, designed to stand up beautifully to daily use. Built for lasting performance, it delivers the smooth feel of leather in a durable, easy-to-maintain alternative.



"I can confidently say this is one of the best investments for my physical well-being. The programs do a great job of sensing your body and targeting specific muscle groups needed. The zero-gravity is a game changer for lower back pain, and the compression on the legs is top-tier. It's the highlight of my evening. — Rocky

SUPER NOVO 3.0
HEALTH & WELLNESS BENEFITS



RECOVERY
Regular massage helps to prepare for, and recover from, strenuous workouts by increasing oxygen-rich blood to tired and sore muscles. This helps improve physical mobility and minimize recovery time.



RESTORATION
Modern life can cause stress injuries, such as tension headaches from excessive screen time or back pain from constant poor posture. Daily massage helps correct these habitual strains in order to improve your overall health.



REJUVENATION
Massage helps improve mental clarity and reduce anxiety. Even just 15 minutes can contribute to better sleep, improved mental focus, and a greater sense of well-being.

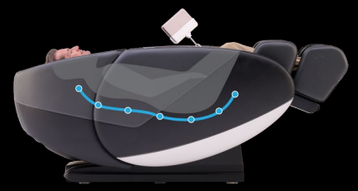


REHABILITATION
Massage can help the body recover from a variety of physical conditions, including back pain, sciatica, arthritis, fibromyalgia, and much more.

HT FLEX
S- AND L-TRACK SYSTEM

Designed to move with the natural curves of the body, the L-Track extends high-performance coverage from your neck and shoulders down to your glutes, while the S-Track follows the spine's natural curvature. The enhanced HT Flex design allows for a flatter recline, delivering greater range of motion and ultimate comfort.





THE RESULT

Massage that feels effortless and deeply restorative.



Built-in Sound Soothe features calming sounds of nature designed to complement your massage while integrated Sound by JBL speakers deliver premium audio for all your listening.

THE RESULT

A richer, more immersive environment that helps you fully unwind.

SOUND BY JBL



ACUPOINT®
BODY SENSING

Rapid shoulder height detection helps align each massage to your body, ensuring a consistent and personalized experience.

THE RESULT

Thoughtfully tailored sessions designed around your body.



DUOSYNC MASSAGE TECHNOLOGY

Experience next-level recovery with a synchronized, four-hand massage powered by complementary 3D and 2D massage technologies. Two quad-roller systems work in unison to deliver extensive, simultaneous coverage for your back and glutes.

THE RESULT

Faster muscle tension relief and elevated relaxation in a single session.

AUTO-WELLNESS PROGRAMS

Indulge in a wide range of programs, including variable-speed 4D programs, full-body immersion, deep tissue, and an effective collection of therapeutic relaxation and recovery programs.

HT FLEX ADVANCED FULL-BODY STRETCH

Our expansive "bend and stretch" functionality provides unprecedented leg and spine relief. It increases blood flow to the vertebrae and discs, rejuvenates the lower back, and allows you to recover with greater efficiency.

BLUETOOTH & WI-FI CONNECTIVITY

Stream audio wirelessly from your device via Bluetooth and receive software updates through built-in Wi-Fi when available.

MEMORY SETTINGS

Save up to four AI-generated programs along with your last-used settings: shoulder-height detection method, massage time, and Bluetooth preferences, for a personalized start every time.



CLOUD TOUCH ACUPRESSURE

Strategically placed air compression technology uses targeted aircells to apply pressure to key healing points and gently stretch muscles, while individually adjustable zones provide personalized intensity.

USB-C FAST CHARGING

Power up your device as you relax or recharge with the built-in USB-C port so you're ready for what's next.

SPEED CONTROL ZONES

Enjoy full control in manual massage mode, adjusting the speed of each zone to match your body's needs for a truly custom experience.

BACK AND CALF HEAT

Independently controlled dual-lumbar and calf heat offer high and low settings that soothe tight muscles and help relieve tension.

FOOT AND CALF MASSAGER

Designed for a tailored fit, the massager adapts to your leg length and glides smoothly between the lower calf and knee, or focuses massage at your preferred position. Adjustable air compression surrounds your feet and calves while underfoot rollers deliver targeted reflexology with adjustable speed for personalized intensity.



GENERATE RELAXATION WITH

WILLOW

powered by AI technology

The Human Touch® Super Novo 3.0 massage chair offers a distinctive, AI-driven user experience through Willow, your massage concierge. With built-in voice control and AI technology, the Super Novo 3.0 responds to your requests, creating personalized massage experiences that match your preferences—completely hands-free, with no app required.

A TOUCH AWAY FROM
TOTAL CONTROL



TOUCHSCREEN CONTROL

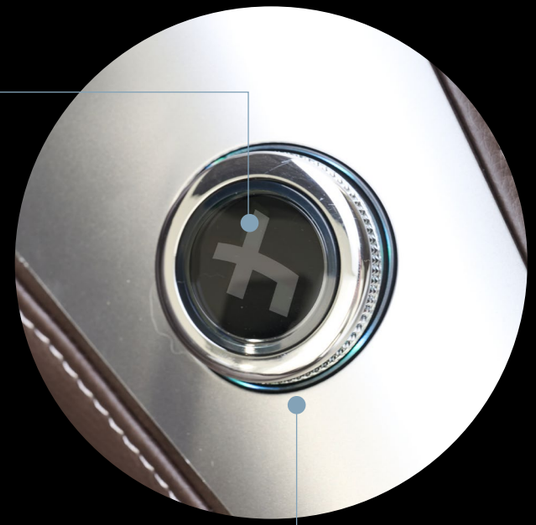
VOICE CONTROL

QUICK CONTROLS

Quick press to power on

Quick press again to start default auto program

Long press and release to restore the chair



Turn outer silver knob slightly counter-clockwise for a stepped recline; do the same clockwise for a stepped incline.

With effortless control at every point of interaction, you can take charge of your relaxation. From the intuitive touchscreen tablet and built-in voice integration to convenient quick-access controls, customizing your massage experience is simple and seamless.

COMFORT, DEFINED.

Experience the revolutionary Zero Gravity position, recommended by doctors as the healthiest way to sit, then seamlessly transition with one touch into Horizon Rest, unlocking a flat recline for maximum comfort.

Cradling your back in a neutral-posture position evenly distributes your body weight to eliminate painful pressure points

Elevation of the legs above the heart helps improve blood flow

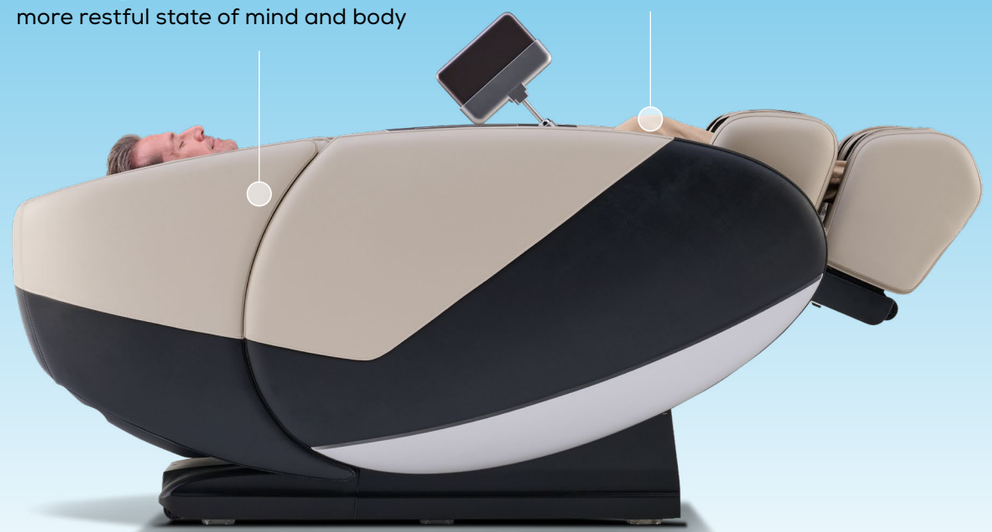


DEFY GRAVITY IN

ZeroG®

Positioning your back parallel to the floor can help reduce stress, promoting a sense of calmness for a more restful state of mind and body

Slight elevation of the knees can help reduce pain in the lower back, hips, and knees



UNLOCK TRANQUILITY IN

Horizon Rest