



CHAIRS FOR CHARITY

For every Human Touch product purchased, a contribution will be made to help someone receive their own wellness solution.

CHAIRS FOR CHARITY STORIES

Los Angeles County Fire Department, Pico Rivera Station

The Human Touch® Chairs for Charity program serves as a way for Human Touch to give back to the community through the donation of their state-of-the-art massage chairs and Perfect Chair® recliners. This exciting new program places an emphasis on those who work to serve their respective communities as first responders, family enrichment and childcare services, public safety sectors, and individuals who face daily challenges due to back pain or other health issues.

In March 2019, Human Touch had the opportunity to donate a Novo XT2 massage chair to the Los Angeles County Fire Department station in Pico Rivera, California. The fire station was immensely grateful for the powerful massage chair, which has helped their team of firefighters to better recover from the daily strains and stresses involved in their jobs.



Having our Novo XT2 massage chair helps our firefighters to recover and regroup so that we can be physically prepared to handle even the most demanding of situations that come our way.

- David Chambers, engineer for the Los Angeles County Fire Department



"This job takes a huge toll on the body," said David Chambers, engineer for the Los Angeles County Fire Department. "Some of our guys work as many as five-and-a-half 24-hour shifts here, and we have to be ready and alert for emergency calls at any point during those long shifts. Having our Novo XT2 massage chair helps our firefighters to recover and regroup so that we can be physically prepared to handle even the most demanding of situations that come our way."

Many firefighters suffer from back problems, sore muscles, and bad joints, due to the heavy weight of their gear while out on calls, and the fatigue that comes with long hours spent on duty. In order to maintain physical performance in their careers, they require routine preventative and corrective care, including monthly chiropractic and massage therapy visits, as well as more intensive treatments like regular orthopedic epidurals.

"I see a chiropractor once per month, and a massage therapist once a month too," said Matt Morse, firefighter for the Los Angeles County Fire Department. "This massage chair is a valuable supplement to those therapy sessions because it enhances their longevity. A few days after I get an in-office treatment, I'm already starting to feel sore and stiff again. With the Novo XT2, I can extend the benefits of my massage and chiropractic visits while I'm waiting for my next appointment."

Each member of the crew has their own preferred massage chair treatment plan, thanks to the massage chair's extensive list of 35 auto-wellness programs. Most of the firefighters find the deep tissue massages, such as the Sports and Thai massage programs, are the most effective form of relief. Another favorite is the Stretch program, which helps them to loosen their muscles throughout the body. The recommended user height range of the chair was also helpful in accommodating each of the crew members.

"We've got a guy here who is 6'6" and he fits in the chair perfectly," says David Chambers. "This chair is awesome. Every single one of us loves it and uses it as often as we can."



LAFD Engineer, David Chambers, in the Novo XT2.



Matt Morse (LAFD Firefighter)
and David Chambers (LAFD Engineer)