Remote Control User Guide

Gravis ZG chair

For more detailed operation instructions, please see the Use and Care Manual.

**ZG** – Press to recline to zero-gravity position.

**POWER** – Powers the remote on and off; Press and hold to restore the chair to the upright position with footrest lowered.

**MASSAGE** – Massages your back and seat simultaneously with soothing air Wave Therapy.

**STRETCH** – Focuses the air Wave Therapy massage in the spinal area.

**LUMBAR** – Stretches and holds the lumbar area of your back.

**HEAD** – Adjust headrest position

**FOOT** – Adjust footrest position.

**BACK** – Adjust recline angle.

**HEAT ZONE** – Turn heat on/off in the back, seat, and leg area separately.

**HEAT** – After selecting one or more heat zones, press to toggle through six heat settings (1 - 6 hours). The heat automatically turns off after the selected time.