AUTO IMMERSION PROGRAMS — Four unique auto immersion programs automatically massage you for 15 minutes, using a variety of massage modes.

TARGETED MUSCLE BENEFITS — Four massage modes let you customize your massage.

INTENSITY 3D — Set the upper and lower back 3D massage intensity independently to soft (I), medium (II), or intense (III).

POSTURE — Adjust the chair to a comfortable position.

BODYMAP® PRO — Push the button that corresponds to the area where you want to feel better, and let the massage chair do the rest!

FOOT VIBE — Activates the foot vibration.

FOOT/CALF — Press to toggle through two fixed speeds and an auto massage program.
Remote Control User Guide

ZeroG® 4.0

SIDE

**RANGE** – Choose from seven settings to personalize your vertical massage range.

**WIDTH** – Focus or diffuse massage pressure by selecting the wide, medium, or narrow setting. This feature works with Flex and Ease massage modes. Select the width setting after selecting a massage mode.

**ZONE** – Targets your massage to a six-inch zone. Use the Position buttons to focus your massage on the desired area.

**POSITION** – Use this button, along with any stationary massage mode, to set the massage head to the desired position on the backrest.

**AIR SEAT MASSAGE** – Activates the unique seat massage, which uses two rows of rapidly inflating/deflating air cells and a layer of Visco foam to create a precision seat massage.

**STOP/PARK/RESTORE** – Press and hold to retract the footrest and return the chair to the upright position.

For more detailed operation instructions, please see the Use and Care Manual.