

UNLOCK REST, **ELEVATE RECOVERY**

Expand your horizons with the **Human Touch® Novo Flex**, which offers a captivating design that delivers a multidimensional massage along the entire length of your spine and all the way down to your glutes. Experience unparalleled “bend and stretch” functionality as the Novo Flex extends into the Horizon Rest position for maximum relief and recovery. Choose from Meditation programs that combine a soothing soundtrack with your massage, helping you to focus your breathing and achieve a relaxed state of being. Or try the Yoga Studio programs, which use deep stretching and pressure to loosen and relieve pain from tight muscles.

Experience the ultimate fusion of relaxation and recovery with the Novo Flex, where innovation meets serenity for a rejuvenating massage experience unlike any other. Your best flex awaits.



THE PREMIUM **SOUNDS** of Novo Flex



Built-in Sound Soothe provides immersive sounds of nature.



Downloadable **Human Touch App** allows you to control the chair, indulge in immersive meditation audio, and access a range of other features from your Android or iOS device.



human touch®
NOVO
FLEX



HT FLEX S- AND L-TRACK SYSTEM

Designed to move with the natural curves of the body, the **L-Track** extends high-performance coverage from your neck and shoulders all the way down to your glutes as the **S-Track** closely follows the curvature of the spine, all while **HT Flex** allows for a wider range of motion and maximum comfort.

HT FLEX ADVANCED FULL-BODY STRETCH



Our expansive “bend and stretch” functionality paired with **HT Flex provides unprecedented leg and spine relief**, increasing blood flow to the vertebrae and discs and rejuvenating the lower back, allowing you to recover with greater efficiency.



AUTO-WELLNESS PROGRAMS

Indulge in 16 programs, including three options for variable-speed 4D programs, full-body immersion, deep tissue, and an effective collection of therapeutic relaxation and recovery programs.



CLOUD TOUCH ACUPRESSURE

Strategically placed, targeted aircells apply pressure to key healing points and manipulate your body to stretch muscles.



DEFY GRAVITY

The zero gravity position cradles your back and elevates your legs above your heart, the position doctors recommend as the healthiest way to sit.



HEATED FOOT AND CALF MASSAGER

With underfoot rollers for optimized reflexology and adjustable intensity for calves and feet, the extendable leg rest automatically adjusts for your height.



USB AND WIRELESS CHARGING

Conveniently charge your device using the built-in USB port or wirelessly charge your compatible phone to truly unplug without the fuss.



AIR-POWERED 3D MASSAGE TECHNOLOGY

With five intensity settings you can adjust your massage intensity for a therapeutic, fully enveloping, massage with just the right pressure.



ADVANCED FINGERTIP CONTROLS

Easily manage key functions at your fingertips using the convenient control panel.



HORIZON REST

One touch to a flat recline for maximum comfort.



DUAL-LUMBAR HEAT

Adjustable and targeted heat gently soothes the back to loosen tight muscles and help relieve pain.



MEMORY SETTINGS

Take a load off and let the chair remember the last setting used for time preference, stretch direction, Bluetooth, and remote beep with even more available in the Human Touch App!

5-YEAR LIMITED WARRANTY

- 5-Years Structural
- 3-Years Parts
- 1-Year In-Home Service

AVAILABLE SÖFHYDE UPHOLSTERY COLORS:



Gray
100-FLEX-001



Brown
100-FLEX-002

SPECIFICATIONS

Reclined Dimensions:	74" L x 34" W x 33" H
Upright Dimensions:	63" L x 34" W x 47" H
Seat Dimensions:	21" W x 16" D x 21" H
Required Recline Clearance:	8"
Weight:	282 lb
Maximum Load Weight:	285 lb